How to Use Your RediHaler™

1. Check the dose counter before each use.

2. Make sure the cap is closed to prepare a dose of medicine.

3. Hold the inhaler straight up. Open the white cap. If the cap has been open for more than 2 minutes, the dose is lost. Close the cap and then open again to prepare a dose of medicine.

4. Stand or sit up straight.

5. Turn your head away from the inhaler. Breathe out all the way. DO NOT breathe into the inhaler.

6. Seal your lips tightly around the mouthpiece. DO NOT block the vent on top of the inhaler.

7. Breathe in DEEPLY through your mouth.

8. When your lungs are full, take the inhaler out of your mouth.

9. Hold your breath for 5-10 seconds or as long as you can.

10. Breathe out normally.

11. Close the cap over the mouthpiece to prepare your next dose.

12. If you need another dose, repeat steps 1-11.

After using steroid inhalers like the RediHaler™:
- Rinse your mouth
- Gargle
- Spit the water out

Important information to know.
The RediHaler™:
- Is a breath-actuated aerosol inhaler.
- Delivers one dose of medicine when you breathe in through the mouthpiece.
- Should be used in the upright position with the mouthpiece down.
- Is not a press-and-breathe inhaler.
- Should not be shaken before use.
- Should not be used with a spacer.
RediHaler™ Tips

Do I need to prime the RediHaler™?

- This inhaler does not need to be primed.

How do I care for my RediHaler™?

- Keep the white cap closed when the inhaler is not being used.
- Keep this inhaler in a dry place. Never wash or put any part of this inhaler in water. Do not store near heat or a flame.
- Keep this inhaler at room temperature.
- Do not take this inhaler apart.
- If the mouthpiece needs to be cleaned, wipe off with a dry cloth or tissue.
- Do not put your inhaler into a fire or incinerator.

How do I know when I need a refill?

- The dose counter shows the number of doses left in the inhaler.
- When this inhaler is brand new, it has 120 doses. The dose counter tracks each dose that is used and displays the number of doses left.
- When the dose counter reaches 20, it will turn red. Contact the pharmacy to get a refill.
- When the dose counter reaches “0”, the dose counter will change to a solid red color. The inhaler is now empty. Throw it away.
- Do not use the inhaler past the expiration date. If expired, throw the inhaler away and ask for a refill.

Adapted from:


Talk to your health care provider if you have questions about your RediHaler™.

Updated: 6/2019