How to Use Your Pressair®

1. Check the dose counter before each use.

2. Remove the cap by squeezing the arrows on each side of the cap and pulling off.

3. Hold the inhaler with the mouthpiece facing you. The green button should face straight up.

4. Press the green button all the way down and release.

5. Check the control window to make sure your dose is ready. When the control window is green, your medicine is ready to be breathed in. If the control window is red, press the green button all the way down and release. Repeat this until the control window is green. Now the dose is ready.

6. Stand or sit up straight.

7. Turn your head away from the inhaler. Breathe out all the way. DO NOT breathe into this inhaler.

8. Seal your lips tightly around the mouthpiece.

9. Breathe in FAST and DEEP (1-2 seconds) through your mouth. Breathe in until you hear a “click”. Keep breathing in even after you have heard the “click” to be sure you get a full dose.

10. When your lungs are full, take the inhaler out of your mouth.

11. Hold your breath for 10 seconds or as long as you can.

12. Breathe out normally.

13. Check the control window. If it is red you have breathed in a full dose of medicine. If the control window is still green, repeat steps 6-9.

14. Put the cap over the mouthpiece after each use.

The Pressair® is a dry powder inhaler. When you breathe in a dose, you may or may not feel or taste the medicine.
Pressair® Tips

Do I need to prime the Pressair®?

• This inhaler does not need to be primed.

How do I care for my Pressair®?

• Store this inhaler in the foil pouch. Only open when you are ready to use it.
• Write the date you opened the foil pouch on your calendar.
• Write the “Discard” date on your calendar. This is 45 days after the date you opened the foil pouch. Do not use the inhaler past the “Discard” date.
• Keep this inhaler in a dry place.
• Keep this inhaler at room temperature.
• Do not wash or take this inhaler apart.
• If the mouthpiece needs to be cleaned, wipe off with a dry cloth.

How do I know when I need a refill?

• The dose counter shows the number of doses left in the inhaler.
• When this inhaler is brand new, it has 60 doses.
• The dose counter counts down by 10.
• When the dose counter turns red, there are few doses left. Contact the pharmacy to get a refill.
• When the dose counter reaches “0”, it is empty. The device will lock. Throw it away.
• Do not use the inhaler past the expiration date. If expired, throw the inhaler away and ask for a refill.

Adapted from:

Talk to your health care provider if you have questions about your Pressair®.