How to Use Your Inhub™

1. Check the dose counter before each use.

2. Place one hand on the grip to lower the cover from top to bottom.

3. Hold the inhaler upright. Push the yellow lever down to the end of the purple arrows (you may hear a click). This loads one dose of medicine for you to breathe in.

4. Stand or sit up straight.

5. Turn your head away from the inhaler. Breathe out all the way. DO NOT breathe into the inhaler.

6. Seal your lips tightly around the mouthpiece. DO NOT block the air vents with your fingers.

7. Breathe in FAST and DEEP (1-2 seconds) through your mouth.

8. When your lungs are full, take the inhaler out of your mouth.

9. Hold your breath for 10 seconds or as long as you can.

10. Breathe out normally.

11. Push the cover back over the mouthpiece. This leads to the dose counter counting down by 1 dose. This also returns the yellow lever to the start position.

The Inhub™ is a dry powder inhaler. When you breathe in a dose, you may or may not feel or taste the medicine.

After using steroid inhalers like the Wixela™ Inhub™:
- Rinse your mouth
- Gargle
- Spit the water out
- DO NOT SWALLOW THE WATER

Note:

To avoid wasting a dose, DO NOT:
- Close the cover once the yellow lever is pushed down
- Move the lever once pushed down

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Inhub™ Tips

Do I need to prime the Inhub™?
• This inhaler does not need to be primed.

How do I care for my Inhub™?
• Keep this inhaler in the foil pouch. Only open when you are ready to use it.
• Write the date you opened the foil pouch on the inhaler label.
• Write the “use by” date on the inhaler label. This is 1 month after the pouch is opened. Do not use the inhaler past the “use by” date.
• Keep this inhaler in a dry place away from direct heat and sunlight.
• Keep this inhaler at room temperature.
• Do not wash this inhaler.

How do I know when I need a refill?
• The dose counter shows the number of doses left in the inhaler.
• When this inhaler is brand new, it has 60 doses.
• The dose counter counts down by 1.
• When there are fewer than 10 doses left, the dose counter turns red. Contact the pharmacy to get a refill.
• When the dose counter reaches “0” the inhaler is empty. The yellow lever will not reach the end of the purple arrows. Throw it away.
• Do not use the inhaler past the expiration date. If expired, throw the inhaler away and ask for a refill.

Adapted from:

Talk to your health care provider if you have questions about your Inhub™.

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