Coordinating Care to Better Support Our Patients

SFDPH Breast Services
Kelly Ross–Manashil, NP
Director of Clinical Services
Navigation Program, 3M & 5M Breast Clinics
SFDPH Breast Services

- Avon Breast Center
  Imaging and image guided procedures
- Mammovan
  Mobile screening mammography
- 5M Breast Evaluation Clinic
  High risk surveillance and benign breast issues
- 3M Breast Clinic
  Non-metastatic breast cancer and breast issues requiring surgical consult
- Oncology
  Metastatic breast cancer and all other cancers
Screening Mammogram

- American College of Radiology: Yearly screening mammogram starting at age 40.
- US Preventative Services Task Force: Screening every 2 years starting at age 50 and stopping at age 74.
- Screening Mammogram is two images of each breast. Cranial caudal (CC) and medialateral-oblique (MLO) views.
- Screening Mammogram is ordered through e-Referral.
Diagnostic Breast Imaging

- Diagnostic mammogram is typically multiple images of a suspicious area guided by the radiologist.
- Ultrasound is used in conjunction with diagnostic mammography.
- If <30 yrs, pregnant or lactating, diagnostic workup starts with targeted US of new finding.
- Abnormal breast findings: New lump, focal thickening, skin or nipple changes, *spontaneous* bloody or clear nipple discharge, *focal* noncyclical persistent breast pain.
- Ordered through e-Referral: Requires documentation of size, distance from nipple and location on clock face.
Breast MRI

Used for high risk patients usually at the recommendation of the radiologist, breast specialist or genetic counselor.

Breast Tomosynthesis (DBT)

Newest imaging modality at Avon. Multiple images taken in an arc around the breast and reconstructed into 3D image. Easier to discern a mass in dense breast tissue.
Breast Biopsy:

- Image Guided: Stereotactic, US FNA, US Core, MRI
- Clinical FNA
- Surgical Biopsy

Process:

- NP at Avon is notified of patient requiring biopsy and will order exam
- Biopsy results are given to patient by NP once pathology review complete
- NP refers patient to 3M Breast or 5m Breast as necessary and orders follow-up imaging as recommended
- Cases are reviewed in breast tumor board
Breast Care Clinics

• 5M Breast Clinic (women only)
  Refer: breast pain, difficult breast exam, high risk surveillance after genetics evaluation, new breast finding

• 3M Breast Clinic
  Refer: new diagnosis of breast cancer, patients within five years of breast cancer diagnosis, patients requiring surgical consult

• Oncology Clinic
  Refer: patients with known metastatic breast cancer (distant disease)
Avon Breast Center Scheduler
415 206-5405

Mammovan/Avon Lead Mammo Tech
Mary McGinty 415 206-8041

Avon Nurse Practitioner
Diane Robbins, NP 415 206-6121

Avon Reading Room and Radiologists
415 206-6086

3M & 5M Breast Clinics
Kelly Ross–Manashil, NP 415 206-6741, text pager 415 327-1706
THANK YOU